## Great Clearance Sale of all Millinery

Latest Styles in All Mid-Summer Trimmed and Tailored Hats at 95c, \$1.95, \$2.95, \$3.95 and \$4.95 each.

Untrimmed Shapes at 95c each Children's Hats at Cost

Stafford Millinery Co. 2455 Washington Avenue

## POTATOES "OVER THERE"

One of France's greatest losses in piles, like drop cakes on a greased tin the enemy's spring offensive has been Bake in a quick oven ten or fifteen minutes, or till a golden color. toes by her soldiers behind the line.

Germany announces this capture to the German people with as much acclaim as if each one of these acres had been a gun, for Germany does not have to be told the value of potatoes. She, herself, has reduced potato production to such a science that with less than one-tenth of our area she produces five times as many potatoes as we do in the United States:

Nevertheless, with this immense potato supply, she doles out her potatoes to her people, afraid that they will waste this valuable vegetable if she allows them to have too many at a

time on hand. Last winter in Berlin the potato ration per week per capita was seven pounds ten and a half ounces. Until the possibility of getting rich wheat supplies from Russia opened up, there was considerable agitation throughout Germany for a larger potato ration, for the German hausfraud knew if she could put plenty of potatoes on her able her family would never miss the lack of bread.

England, too, has learned that she cannot afford to slight this nourishing. if unbeautiful, vegetable. Perhaps it's the Irish who have taught her that with plenty of potatoes she can bear her lack of meat and wheat cheer-

So England, like Uncle Sam, is doing all she can to encourage a greater production of potatoes next year and officer. o teach her people to eat this vegetable freely in place of bread.

in a recent potato bulletin gotten said.
out by the English food ministry the The arrest was made today after following suggestion and recipes are given to the patriotic English house-wife. They are equally applicable, ure more prominently on their tables near Cincinnati.
than ever before in order to do with Further evidence that Von Struckthan ever before in order to do with

ing wastes three to four ounces in every pound. Potatoes should, therefore (except for such dishes as Irish the best part sticks to the skin, and stipation. is unusually wasted."

housewife who must put up lunches for her children or husband to eat away from home to use cold cookd potatoes in her sandwiches in place of

The following is one of the most popular recipes taken from this English potato bulletin:

Devonshire Drop Cakes .- one and a half pounds cold cooked potatoes, onefourth pint milk, two ounces margarine, three ounces grated cheese, sait

Mash the potatoes and mix in the cheese. Put the margarine and milk into a sauce pan and heat. Then mix thoroughly with the potatoes. Season with salt and pepper, and place large spoonfuls of the mixture in separate





### SPECIAL HOT SPRINGS SERVICE

In addition to regular trains special cars leave Ogden 8:30 and 9:30 p. m., returning leave Hot Springs 10 05 p

ROUND TRIP FARE 25c.

William J. Von Struck of Dayton, Chio, Impersonates a United States Army Officer.

CINCINNATI, Ohio, June 12 .- Wiliam J. von Struckrad, German, 32 years old, of Dayton, Ohio, whose fa-ther, he says, is a general in the German army and whose uncle, he asserts, is Admiral von Tirpitz, officer in command of the German imperial fleet, is under arrest in Cincinnati on a charge of impersonating a United States army

Other and more serious charges may be filed against him tomorrow, it is

Von Struckrad, under the name of "Lieutenant W, Vaughan" of General Pershing's force in France had delivhowever, to American housewives who ered a series of talks at moving picare patriotically making potatoes fig- ture theatres in several communities

rad is a menace to America is said to enth East street. Bruised leg and arms "Potatoes," this English potato bul-letin warns, "should never be peeled has given at the moving picture thea- William Rettstat, Salt before cooking. Everyone who peels tres. It is said these talks were depotato today is doing an unpatriotic signed as a form of insidious propathing in wasting the nation's food, and ganda, to convey a feeling of discourthing in wasting the nation's food, and ganda, to convey a feeling of discouris directly helping the U-boats to agement and fear to the hearts of his starve us out.

"The best part of the potato lies riences as a member of the American verde Hostetter, 19 years, Nampa," "The best part of the potato lies riences as a member of the American expeditionary forces

> DANGERS OF COSTIVENESS. Auto-intoxication, headache, lassi-

s(ew), always be boiled in their skins, tude, irritability, "blues," sallowness, If baked in their jackets, a layer of blotches, are among the results of con-If long neglected it may cause piles, ulceration of bowels, ap-The bulletin also urges the English pendicits, nervous prostration, paraly-Don't delay treatment. Best remedy is Foley Cathartic Tablets, as many thousands know from experi-They not only do their work surely, easily, gently, but without injury to stomach or intestinal lining. Contain no habit-forming element. A. R. McIntyre Drug Co .- Advertisement.

# SHIPS TO FLOAT ON

PHILADELPHIA, June 12 .- Charles M. Schwab, director of the Emergency Contusions of body. In delicate condi-fleet corporation, in an address at a tion. St. Mark's hospital. patriotic rally at Willow Grove park Mrs. Anna Fitzgerald, Liberty, Mo tonight, said that from telegrams he Injured right arm and shoulder. St had received he would not be surprised Mark's hospital. had received he would not be surprised if between fifty and seventy ships are launched throughout the country on lindependence day. He said he had sent out an appeal to speed up and lark's hospital.

Mark's hospital.

Mark's hospital. launch as many ships that day as pos-

From 40 to 45 per cent of the ships being built under the Emergency Fleet corporation supervision are being constructed in the Philadelphia district, Mr. Schwab said.

THE POETIC TOUCH. How small a pittance they receive The downcast poets tell; To live they needs must strike the lyre And strike their friends as well.

WHEN CHILDREN CRY OUT

And are feveriah and don't sleep well, are consti-pated and have symptoms of worms, mothers will and quick relief in Mother Gray's Sweet Powders for Children, the standard remedy for 30 years. They are easy to give and children like them. They cleanee the stomach, act gently on the bow-cle and break up colds. Relieve headanbes and teething disorders. We have 10,000 testimonials. Ask your droggist and be sure to get Mother Gray's Sweet Powders for Children, 25c.

LAST TIME TODAY WILLIAM FARNUN
In His Big Success of the Northland "ROUGH AND READY"

and Harold Lloyd Comedy, "Fireman Save My Child" and Mutt and Jeff.

OGDEN THEATRE 2 TO 11 P. M. "IT'S ALWAYS COOL" 5c AND 15c

# INJURED IN WRECK OND. & R.G.

SALT LAKE, June 13.—Andrew O.
Collings of Salida, Col., was killed and fifty-three persons were injured at 1.25 o'clock yesterday afternoon near D. MacEachern, London, Conn. New SALT LAKE, June 13 .- Andrew O. Eleventh South and Fifth West streets. Grand hotel. Bruises, when Denver & Rio Grande westbound Elsie McClintoch, 247 Horizon avepassenger train No. 1 jumped the track nue, Venice, Call. Bruises. New Grand and went over an embankment into a hotel.

ditch.

Several hours after the wreck occurred Sheriff John S. Corless and Deputy Sheriff Carl Carstensen arrested Y. Yakebe, Japanese section foreman of the se man of the track workers, who had been placing new ties at the point where the train left the track. Yakebe mich, severely shaken and suffering is being held at the county jail pend-from shock. ing the result of an official investiga-tion, but Sheriff Corless stated last Mont. this morning charging him with invol-untary manslaughter. Yakebe is declared to have caused the pulling of the spikes of the ties and then to have failed to send back a flagman to pro-tect the oncoming train, which rushed into the loosened section of the main line without any warning.

The train was said to have traveling at a high rate of speed when it left the track because of spreading because they wish to obtain the greatest possible hair beauty and be sure that the state of the rails. Four coaches were thrown down the embankment, two of them on their they are not using anything harmful. sides and one almost on end. Two sides and one almost on end. Two they have found that in washing the other cars of the train were badly hair it is never wise to use a makewrecked. Conductor Jacob Moss said that the train was making more than that the train was making more than preparation made for shampooing only. Many of our friends say they get the occurred and that it was an hour late. Others declared the train was making between forty-five and fifty miles an

The wreck occurred a short distance north and west of Eleventh south and Fifth West streets at 1:25 o'clock. The train was due in the city at 12:15 o'clock. Engineer Fred King said after the accident that there was no warn-ting given and that the first intimation he had of trouble was when he no-ting the rinsing water. Your hair will ticed the swaying cars. Almost at the same moment came the crash of the

Officials of the railroad said their records showed that forty-three people had been injured in the wreck. Many, however, of whom no information was secured, left the scene after administering first-aid themselves.

Official Sustains Injury. One of the passengers was Thomas F. Durkin, assistant superintendent of the road. Mr. Durkin was in one of the day coaches which were bumped and dragged along the track and rightof-way on their sides. When the cars finally came to a stop Mr. Durkin hand baggage baskets. He suffered a badly bruised leg and arm and some

Dead and Injured. A known list of the injured is as fol-

Dead. Andrew Collings, 47 years, Salida, bring about a closer co-operation beundertaking parlors.

Injured. Thomas F. Durkin, assistant super intendent D. & R. G., 51 South Sev-

William Rettstat, Salt Lake. Scalp wounds, head and chest lacerated. St. Mark's hospital.

Mrs. Minnie Baca, 27 years, Trini-Scalp wounds and

St. Mark's hospital. Mark's hospital.

street. San Diego, Cal. Salesman for a cine and it acted like a charm. jured. Minor lacerations, St. Mark's Co .- Advertisement. hospital.

Ervid Swanson, 126 Main street, Los Angeles. Scalp wounds. St. hospital. George Clark, Honey Creek, Iowa, 31

years. Contusions of head and back. Wrenched shoulder, St. Mark's hospi-William Clark, mother Mrs.

George Clark, Honey Creek, Iowa, 70 years. Both legs hadly bruised, and suffering severely from shock. St. Mark's hospital. Charles Anderson, Cooper Canyon,

Nev. Miner. Crushed ribs, bruised arm and numerous cuts. St. Mark's hospi-Mrs. Ada Murphy, St. Louis,

Mrs. Anna Fitzgerald, Liberty, Mo

Whiston Long, 2901 Curtis street, Pullman porter. Wrenched neck and shoulders. St. Mark's hospital. Mrs. George Taylor, 1717 Hillcrest.

avenue, Hollywood, Cal., 52 years. Left shoulder and neck sprained. St. Mark's hospital. D. Simpson, brakeman, Washington avenue, Ogden. Bruised

right hip; numerous cuts on arms and legs. St. Mark's hospital. Mrs. Verna Robinson, Bourbon, Mo. Deep cuts on right hand and wrist, St. Mark's hospital.

Hazel Rock, emergency hospital nurse. Injured in aiding wounded. Scalp wound. Emergency hospital, P. D. Enns, 35 years, Henderson, Neb, Lacerations, Emergency hospital. Mrs. Catherine Enns, wife of P. D. Enns, suffering severely from shock.

Emergency hospital. Paul Enns, 10 months, son of P. D. Walter Lawless, St. Paul, Ind. Numerous minor cuts. Emergency hos-

Frederick Lawless, 10 years, son of Walter Lawless, Slightly cut. Emergency hospital.

E. W. Kuster, Long Beach, Cal. Side F. T. Cannon, 1645 Pennsylvania avenue, Pullman porter. Cuts on wrist. Minn. Slightly Injured.

(Taken to Hotels.) William H. Lane, Oklahoma City, New Grand hotel. Minor bruises. Mrs. W. H. Lane, Oklahoma New Grand botel. Minor bruises. Mr. and Mrs. E. W. Kuster. New New Grand hotel. Slight cuts. Mrs. May Rames, Oklahoma Edna Murphy, Oklahoma City, Slight Grand hotel. Slight abrasions.

ONE DEAD AND WANY cuts. New Grand hotel.

Mrs. Vitoff and family, Oklahoma City. Shock. New Grand hotel.

Mr. and Mrs. Herbert Babcock, Twin Falls, Idaho. Slight cuts. New Grand

hotel.

Francis M. Farrell, St. Louis, Mo. New Grand hotel. Shock.

Meade A. Hughes, St. Louis, Mo. New Grand hotel. Shock.

Mr. and Mrs. C. J. Werner, Reading.
Pa. Slight bruises. New Grand hotel.

Mary and Anton Peterson, Chicago.
Bruises. New Grand hotel.

Louise Belsku and methas Shock. Louise Belsku and mother, Shock.

Ed. Richards, Galena street, Butte,

R. J. Tomlinson, Helper. Bruised. Mrs. R. J. Tomlinson, Helper. Bruised and cuts on face and head.

## WHY SOCIETY WOMEN WASH THEIR OWN HAIR

shift, but is always advisable to use a best results from a simple home-made Canthrox mixture. You can use this at a cost of about 3 cents a sham-poo by getting some Canthrox from your druggist and dissolving a tea-spoonful in a cup of hot water. This makes enough shampoo liquid to apply to all the hair instead of just the top of the head, as with most preparabe so fluffy that it will look much heavier than it is. Its luster and softness will also delight you .- Advertise-

desire of the federal government that the I. W. W. agitators and others of anarchistic tendencies be prosecuted found himself perched in one of the locally and not given hours to leave a city, thus foisting themselves upon another, Inspector of Police Julian of New York told the convention of the International Association of Police Chiefs here this afternoon.
Inspector Julian announced he had

een sent here by the government to country and the government officers in pprehending disloyalists.

The convention went into executive ession afterwards to discuss methods of dealing with the L. W. W. problem.

SAYS IT ACTED LIKE A CHARM. Coughs, colds, sore throat or bronchial troubles which persist at this time of the year usually are of an ob-stinate character. That is all the more reason why a truly like Foley's Honey and Tar Compound should be used. Mrs. Margaret Smale, Mabel Hostetter, cousin of Verde Bishop, Cal., writes: "Foley's Honey Hostetter, Nampa, Idaho, Legs cut. St. and Tar is a grand remedy; more than is claimed for it. I was suffering from A. Leuenthat, 1145 Twenty-eighth a cold last week and used the medi-St. Louis firm. Arms and right side in- tains no opiates. A. R. McIntyre Drug

WASHINGTON, June 13 .- The army casualty list today contained 188

names divided as follows: Killed in action, 19; died of wounds, died of accident and other causes, died of airplane accident, 1; died of disease, 4; wounded severely, 137; wounded, degree undetermined,

missing in action, 4.

Among officers named was Lieuten-John W. Rhoades, Payette, Ida. killed in action.

Killed in Action. Lieutenant John W. Rhoades, Payette, Idaho. Corporals Hart Gentry, Weaver,

John W. Matheny, White Sulphur Springs, W. Va. Wagoner Jay Cross, Chittenango, N.

Privates Elmer Anderson, South Amherst, O.; Harry Fonger, Grand Rapids, Mich.; Oscar F. Frank, Minneapolis; John Gorehoite, 2953 Carba street, Fresno, Cal.; Hielke Hylkema, Idard, Holland; Murko Ivesche, Midland, Pa.; Ernest L. Jasset, Newton, Mass.; Arthur J. Klinger, Ansonville, Pa.; Jay W. Lockwood, Liberty, N. Y.; Daniel J. Mahoney, Chewelah, Wash Harly Hattox, Pickets, Wis.; Raymond Pichotta, Wabena, Wis.; Maurice J. Powers, Red Lodge, Mont.; Theodore Will, Toledo, O.; Joseph Zoke, Akron,

Died of Wounds Privates Dominico Domeniaz, Green-burg, Pa.; Joseph Patrick Dugan, Tauton, Mass.; Earl M Guerrin, East Jordan, Mich.; Frank R. Johnson, Quincy Miss; Harry Maychrycz, Ansonia, Conn; Oliver E. Nostrum, Sisler Bay, Wis; Alexander J. Roth, New York City; James Smith, Sargent, G. Thomas H. Stineman, Wabash, Ind.

Died of Disease, Lieutenant Jesse Robinson, Wash ington, D. C.; Cook Harden Wallace Fowler, Glasgow, Ill. Mechanic Edward Qualles, Dover,

Private Audebey A. R. Wing, Griffin,

with that auto trip!

# **PATRIOTIC** MASS MEETINGS

Under the Auspices of the National Committee on the Churches and the Moral Aims of the War.

Sunday Morning, June 16th, at 11 a.m., in the Congregational, Christian, Presbyterian, and Baptist Churches. Addresses by DR. GEORGE W. NASMYTH, of the Federal Fuel Administration; DR. FRANK F. KLINGBERG, of the University of Southern California, and DR. BENJ. F. BATTIN, of Swarthmore College.

## Methodist Church At 8:00 P. M.

Dr. Kingberg on "The Moral Aims of the War." Dr. Nasmyth on "The Ultimate Goal for Which We Fight."

Everybody Welcome. No Collection and No Subscriptions.

## THE PLATFORM OF THE COMMITTEE

- 1. To win the war against autocracy.
- 2. To make the world safe for democracy and democracy safe for the world.
- 3. To secure for nations---small and great---Safety, Justice and Equal Economic Opportunity.
- 4. To establish a League of Nations.

Ga.; Anthony Prisco, Brooklyn. Severely Wounded. Lieutenant Richard A. Newhall, Minneapolis; John W. Scott, Detroit; Lester Littlefield, Marshfield,

darold K. Simons, Marshall, Minn. Sergeants Charles E. Cunningham, Grand Rapids, Mich.; Charles Schoen-Grand Rapids, Mich.; Charles Schoen-theler, Washington, D. C.; John T. Mann, Laper, Mich.; Bill Margeac, Winters, Littleton, W. Va. Corporals Claude W. Bauknight, At. Frank Martucci, Albion, Mich.; Thomlanta, Ga.; Eddie J. Beauliu, Bangor, as F. McCarthy, Valentine, Mont.; Mc.; Leo D. Bunting, Walkerville, John C. McKee, Nelsonville, O.; John

Mich.; Joseph F. Cely, Easley, S. C.; Miller, Clinton, Ind.; Claude R. Moore Preston Collins, Dublin, Ga.; Newell B. Indianapolis; James Mullin, Boston Davis, Hornell, N. Y.; Leslie E. Ewing, Oscar Nance, Ironton, O.; Tony Noak, Chicago; William M. Falvey, St. Chicago; William H. Nunn, San Fran-Louis; Charles E. Gayne, Wheeling, cisco; Tommie Osborne, Mantee W. Va.; Martin Gindron, Galveston, Miss.; Tex ; Willard A. Gordon, Winterset, Mont.; William Park, Corning, N. Y. Ia.; William E. Graham, St. Louis; Royce E. Parmeter, Westport, S. D. John Jamison, New Bedford, Mass.; William E. Parson, McAlester, Okla. Felix Krajewski, Brooklyn; Edward G. Meir, Ogema, Wis.; Gustav H. Nelson, Kennedy, N. Y : David Palaci, Constantinople, Turkey; Herman F. Parker, Tuscaloosa, Ala.; Edward Prille, Chicago; Albert J. Rinker, Scranton, Pa; Carson L. Shumate, Bluefield, W. Va ; Judson E. Steele, Edgewood, Ia.; Vernon L. Taylor, Red Cloud, Neb. Arza E. Underwood, West Union, W. Va.; John R. Walsh, McElton, Dean H. Walter, Rankin, Ill.; Harry

Williams, Warren, O. Mechanics Claude E. Robinson, Athens, Ala.; William J. Ward, St. Louis.

Privates William J. Allen, Deep Water, Wis.; Frederick C. Allen, Portsmouth, Va.; Anthony Arnes, Chicago; Bruce Barrett, Windber, Pa.; James John Benston, Gratiot, Edward Berry, Rockford, Ill.; Edward Bowers, Ridgeway, Mich.; David W. Brock, Cleveland, Ky.; Everett E. Bry ant, Pittsburg, Tex.; Noel Burbank, Watervliet, Miss.; Henry C. Burch, Walstonburg, N. C.; William E. Burns, Greenville, S. C.; Ralph J. Carpenter, Freedom Station, O.; Samuel Chaney Crandon, Wis.; Harry S. Clark, Wil liamsport, Pa.

Ralph C. Clements, Morrall, O.: Earl Cook, Marion, O.; George Waldeman ook, Menomonee, Wis.; Boyne City, Mich.; Edward Comferford, Chippewa Falls, Wis.; Keith Kreitors, St. Paris, O.; John H. Vul-bertson, Clatskanie, Ore.; Dennie J. Cullity, Somerville, Mass.; Elmer M., Curtis, 1021 East James street, Seatle, Wash.; August de Ford, Indianapolis; Thomas A. Devens, Chicago; Charles J. Dougheny, Toledo, O.; And rew Doughty, Pedro, O.; George T. Eckert, Felton, Pa.; Grover Eichinger, Brussels, Wis.; Robert W. Ferrell, Chap, W. Va.; Fred M. Gibson, Fort Wayne, Ind.; Everett Gondor, Cadillac,

Lieutenant James A. Bayne, Grand John J. Haynes, Mertinville, Pa.; Har-Fla.; Albert Wastell, 711 Mulinomah apids, Mich. Fla.; Albert Wastell, 711 Mulinomah ry Haitel, Sturgeon Bay, Wis.; Morge street, Portland, Ore.; Oakley D. Wil-Died of Accident and Other Causes. Hayes, Starr, S. C.; Charles H. Heath, son, Lost Creek, Tenn.; Basil H. Wo-Corporal William J. Waters, New Plattsburg, N. Y.; Henry J. Hessen, ton, Latty, O.; James A. Wyrick, Pied-Brookfield, Wis.; Robert Hines, Green-Privates F. A. Harkson, Madison, ville, Ga.; Samuel M. Hodges, Con-Rivers, Miss.; Richard G. Zeisler, 715 cord, N. C.; Harry Howell, Lucedale, Clinton street, Portland, Ore.

Miss.; Harry Jones, Monroe, Frank P. Kelleber, Nagatauk, Conn.; Simon Lindenfelser, Pittsburg; Luther Little, Montgomery, Ala.; Ruth, Nev.; Henry Marcus, St. Louis

| Miller, Clinton, Ind.; Claude R. Moore, Tommie Osborne, Mantee Earl Padbury, Marysville Lizzie R. Patrick, Rockingham, N. C. John B. Pauline, Chelmsford, Ont.; Jo seph E. Person, Murphysboro, Ill.; Al he Peterson, Evansville, Wis.; Augus Petraha, Dziezienki, Russia; Alvah H Ploetz, Kaukauna, Wis.; Marlon Pod-

gurski, Philadelphia; Max H. Pontel Pewaukee, Wis.; Martin W. Schram, Pa.; Guy Reed, Po Portland Ore.; Donald A. Register, Graceville Fla.; Raymond W. Riley, Neal, Fla. John Rockwell, Forest Hill, N. Y. Isaac Rumsey, Onsted, Mich.; Harr Philadelphia; Schaefer.

Schmidt Milwaukee; Frank R. Schupp, Markfield, Wis.; Aaron Shell, Shell Creek, Pa.; John M. Shields, Dozier, Ala.; Wayne E. Smith, Clarion, Pa. John Sobrato, Susa Forino, Italy; Har old A. Sharks, Fenton, Mich.; Frank Stevens, Chicago; John M. Stocker 221 West State street, Redlands, Cal.; Marc Sundriland, Jerseyville, Ill. Shellie B. Turner, Columbus, Ga.; Carl L. Udell, Manton, Ga.; Henry Veriea,

Wounded-Degree Undetermined.

Sergeant Ruthford Peterson, Vin-

Corporal Charles Polton, Nevada, Ia. Mechanic Jacob L. Denlinger, Gap.

Privates Charles M. Beamsderfer, Lancaster, Pa.; Herbert D. Groves, 1812 York street, Des Moines, la.; Francis M. Harrison, Woodburn, la. Ray E. Labertew, Milo, Ia.; Roy R. Rees, Webster City, Ia.; Olen B. Shawsan, Des Moines, Ia.; Earl A. Sutton, Nora Springs, Ia.; Teddy M. Ziddnos,

Centerville, Is.
Missing in Action. Lieutenant Raymond C. Burky, Phildelphia.

Privates Tony Bichun, New Britain, Conn.; Maurice B. Fishman, New Haven, Conn.; Joseph A. Roach, Ridge-

## SUNDAY BASEBALL MAY BE PLAYED

NEW YORK, June 12.-Formal steps toward the enactment of legislation to permit Sunday baseball in New York City were taken today by the general welfare committee of the board of aldermen. A resolution was introduced providing that games may be played Sundays at 10 a. m. and that 25 per cent of the receipts shall be turned over to the American Red Cross, the Y. M. C. A., the Knights of Columbus and the Y. W. C. A.

Read the Classified Ads. Read the Classified Ads.

## NEW SOCIAL LECTURE LEAGUE

"It reads like a story book," is the way one of America's most happily married society leaders opened the subject of her remarks on Hair Culture, at the first annual lecture of her newly inaugurated Course on Timely Topics

at her home on the Hudson just outside of New York City. I have been a great outdoor enthusiast all my life and I make it a rule to do without my hat whenever possible, both in the daytime as well as evening. Jack, my husband, some years ago remarked that I would have to probably give up my running about bareheaded now that I was getting a bit gray. But I am not to be outdone simply by a few or many gray hairs. I went right to the most reliable authority I could get on the subject. The result was I avoided putting a lot of harmful dyes on my hair and I began using a Hair Color Restorer called Q-Ban and in no time Jack had to confess he didn't understand how my hair got so beautiful. Was I dressing it

different, or what? "You may rest assured I haven't told him anything about it, although he Mich.; John Jordan, Piney Fork, O.; very often remarks my hair certainly does look fine. Q-Ban is our little se-Russell K. Grimm, Wolcottville, Lad.; cret."—Advertisement.